

SIZE GUIDE

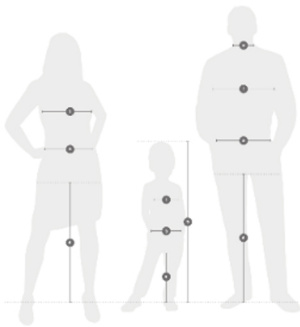
For all Russell garments



All of our measurements are based on actual “to fit” body sizes rather than the size of the garment itself. For example, a polo shirt with a chest to fit size of 92-97cm / 36-38” will fit someone with this chest measurement; trousers with a waist to fit 50 Europe / 34”, will fit a person with this measurement.

HERE ARE SOME TIPS TO HELP YOU CHOOSE THE MOST APPROPRIATE GARMENT SIZE(S):

- 1. CHEST**
Men: Measure around the fullest part of the chest, 2.5cm below the underarm. Women: Measure around the fullest part of the bust.
- 2. COLLAR**
Men: Measure around the base of the neck.
- 3. WAIST**
All: Measure around the natural waist, keeping the measuring tape taut.
- 4. LEG LENGTH**
All: Measure from the top of the inside leg at the crotch down to where the trousers are normally worn with shoes.
- 5. HEIGHT**
Children: Standing still with feet together and flat on the floor, measure from the top of the head to the ground.



	XS	S	M	L	XL	2XL	3XL	4XL
AGES (YEARS)	1–2	3–4	5–6	7–8	9–10	12–13	13–14	15–16
HEIGHT (CM)	90	104	116	128	140	152	164	176
CHEST TO FIT (CM)	51–56	56–63	63–71	71–76	76–81	81–86	86–91	91–96
CHEST TO FIT (INS)	20–22	22–25	25–28	28–30	30–32	32–34	34–36	36–38